HE CONTAIN

OFFICIAL PUBLICATION OF ROTARY CLUB OF CEBU FUENTE DISTRICT 3860 **CHARTERED OCTOBER 29, 1982 CLUB # 17104**

VOLUME: 40, NO.: 25 DATE: APRIL 4, 2022



25TH RCCF GMM (HYBRID) RY 2021 - 2022











SHEKAR METHA
Rotary International President



ANNA LOUISA A. BUMAGAT District Governor



CAROLINE L. ANDRADE
District Secretary



MICHAEL TORRES
Assistant Governor, Area 1D

Cebu Fuente Rotary Club



Officers and Directors RY 2021 - 2022



ATTY. BERNARDINO T. AMAGO IV
President



POULY JANG Vice-President / President-Elect



JOSE MARIE PONCE Secretary / President Nominee



ARCH. MANUEL L. TORRES, JR.
Treasurer



PATRICK L. YARED Auditor



EMMANUEL P. TESALONA
The Rotary Foundation Chairman



STEPHEN HENRY UY
Club Administration Director



MARICEL BORROMEO-AMORES Membership Director



JASON GO KIANG KEE ONG Community Service Director



MARINA ENRIQUEZ- KAUFMANN Vocational Service Director



ATTY. LOLITA M. LOMANTA Youth Service Director



JOSE ALFONSO C. ABAD International Service Director



KRISTOFFER A. LLEGUNAS Public Image Director & CICO



DAVE JOHN B. KARAMIHAN Protocol Officer



ENGR. JESSELITO V. BARING Sergeant at Arms

ADVISERS



PDG JOSEPH MICHAEL P. ESPINA



PDG MARY ANNE A. SOLOMON



PP RICHARD G. BARBA



PP CONRADO M. ABARINTOS



PP MARIA CELINA B. AMORES



PP MA. CONSOLACION A. PASION

SERVE TO CHANGE LIVES

25th General Membership Meeting

Virtual Meeting | April 4, 2022

Area of Focus: Maternal and Child Health Month

Vol. 40, No. 25

Programme

PART 1

Invocation......Audio Visual Presentation Philippine Anthem......Audio Visual Presentation The Rotary Hymn......Audio Visual Presentation KRISTOFFER LLEGUNAS Four Way Test and Objects of Rotary......Audio Visual Presentation

Visiting Rotarians/Rotaractors/Guest

Introduction of Rotarians / Spouses

PART 2

Introduction of Guest Speaker......Dir. Stephen Uy Guest Speaker......PP Jesse Baring

Topic: Water Resources Sustainability

Open Forum

Presentation of Certificate / Token

PART 3

Secretary's Report.....Sec. Jomar Ponce Treasurer's Report......Treas. Jun Torres

Director's Report

President's Time.......Pres. Bernardino Amago IV

Other matters

Adjournment......Pres. Bernardino Amago IV

...Fellowship Continues...

Quote for the Week

"Turn your wounds into wisdom." - Oprah Winfrey



Hosted by: Director, Public Image

INVOCATION

Most merciful Father, we have done little to forward your kingdom in this world, to foster goodwill among our brothers and sisters, and to establish love as the law of life. Our own self-interest blinds us; our pains embitter us. We often forget that whatsoever is done to one of the least of your children is done unto you. Pardon our shortcomings; forgive our neglect; give us a pure heart intent on pleasing you. Help us in all our seeking to seek first your kingdom and your righteousness. Help us to present ourselves as persons not to be ministered unto, but to minister. Let the miracle of your grace happen, here and now, as we come before you, humbly, in silent prayer. Amen





President's elessage















Dear RCCF Family,

Greetings of peace and goodwill!

One of most important resources in this world is Water. Unfortunately, the intermittent supply of Water has now become an issue to some areas in our community.

In our general membership meeting tonight, we will hear from our very own PP Jesse Baring, who will talk about the sustainable ways of conserving our water resources. May we take this opportunity to reflect on our respective struggles during the aftermath of Typhoon Odette when water was scarce.

On another note, allow me to extend my thanks to all RCCF Rotarians who braved to be physically present onsite. I am truly glad to know that we are moving forward towards securing back our old ways.

Choose kindness...change lives!

Thanks and best regards,

ATTY. BEŔŇARDĽÝO T. AMAGO IV President, RY 2021 - 2022







From Secretary's Desk

JOSE MARIE PONCE Secretary, RY 2021 - 2022

Attendance

ROTARY ID#	LAST NAME	FIRST NAME	22nd 03/07	23rd 03/14	24th 03/28	25th 04/04	Perfect Attendance
6726464	Abad	Jose Alfonso	1				
6581939	Abarintos	Conrado					
8794289	Abay-Abay	Emman Reyan	1				
9330462	Amago IV	Atty. Bernardino	1	1	✓		
6218949	Amores	Maricel	✓	✓	✓		
11227470	Amores	Atty. Ernesto Miguel	1	✓			
3362897	Barba	Richard		1			
6207695	Baring	Engr. Jesselito					
1166426	Calalang	Emmanuel					
10954392	Deiparine	Atty. Sydrick Jose Andrei					
11227514	Elendrino	Glenford	1				
2036342	Espina	Arch. Joseph Michael	1	1	1		
8944393	Jang	Pouly	1	1			
3516557	Karamihan	Dave John		1			
8599266	Kaufmann	Marina			1		
9804883	Llegunas	Kristoffer	1	1	1		
8794288	Lomanta	Atty. Lolita			RW		
10709899	Ong	Jason	1	1			
6726443	Pasion	Ma. Consolacion	1	- :	-		
10410040	Ponce	Jose Marie	1	1	1		
6581937	Ramos	Geraldine	100				
8599268	Rimaz	Ma. Dolores					
5476140	San Pedro	Luz Filipinas	U A	-			
11103868	Spaller	Herminia					
8794286	Senerpida	Dr. Alain	1	1	1		
3264107	Solomon	Mary Anne	1	1	RW		
8543450	Sulay	Kendrick					
9330558	Tesalona	Emmanuel	1	1	1		
11227493	Torres	Alfie	1	1			
5176670	Torres	Arch. Manuel, Jr.	1	1	✓		
10713855	Uy	Stephen Henry	1	1	1		
10410033	Yared	Patrick		1	1		
<u> </u>		TOTAL ATTENDEES	34	17	13		

BIRTHDAYS

April 1 Sps. Dee Llegunas

April 12 PP Jun Torres

April 20 Sps. Juliet Abay-abay

WEDDING ANNIVERSARY

April 8 Pouly & Soo Jang





GREETINGS, DEAR CHANGE-MAKERS OF ROTARY,

riends, one of my mantras in Rotary has been do more, grow more. I am sure you are adopting this mantra. Do more, as in bigger and impactful service projects, and grow *more*, as in increasing our membership.

There is so much excitement across the Rotary world about our Each One, Bring One effort. Everywhere I travel, club presidents, district governors, and Rotary members — both veteran and new express appreciation that their membership efforts are inspiring the Rotary world.

We are growing more, and I cannot wait to celebrate all of this success with you at the Rotary International Convention in Houston in June. There is still time to register and make your plans to join us. We are looking forward to a once-in-a-lifetime experience that will unite our members after far too much time apart.

As we grow more, we will have so much more opportunity to do more. April is Maternal and Child Health Month, a great opportunity for your clubs to consider what you are doing to support the health of mothers and young children. Improving access to care and the quality of care for women and children worldwide is an important focus for us, and it also ties in very well with our Empowering Girls initiative. I appreciate the work being done by various clubs in this area of focus, and I would encourage you to think of ways to do more.

It has been so exciting to see Rotary members come together at the presidential conferences to share ideas about using our areas of focus to bring about big, lasting change in the world. The past and upcoming presidential conferences are looking at our new area of focus — the environment — and how our work to protect our planet must also support our efforts to grow local economies, especially in places with the greatest poverty.

I also had the honor to speak at the 26th United Nations climate change conference, known as COP26, in Glasgow, Scotland. This important meeting brought together nearly 100 heads of state and government over a two-week period to set new targets for fossil fuel emission. My call to action was to restore mangroves, a crucial ecosystem that can mitigate the effects of climate change in coastal areas. Already, countries across the world are showing great enthusiasm for this plan.

Our survival is at stake - the damage of environmental catastrophe is already upon us — and so, too, is our ability to lift the world's most needy out of poverty and offer them hope. We must find ways to protect our planet while sustaining the economic growth necessary to achieve our highest humanitarian goals.

This is a very exciting time in Rotary, a time when the world needs us most. As we Serve to Change Lives, remember that we are also changing ourselves. We are becoming the world's great change-makers and peacebuilders.

The world is ready for us. It's time to rise to that call.

Shelihar hella

President, Rotary International



TRUSTEE CHAIR'S MESSAGE

Seize the moment

What's your Rotary moment - a time that strengthened your dedication to Rotary and confirmed you would be a lifetime Rotarian? I have had many such moments over the years, and they all had one thing in common: They showed me Rotary's tangible power of turning our dreams of a better world into reality.

Rotary members are exceptional at it. I see that power in my own club in Chattanooga, Tennessee, and now, as Rotary Foundation trustee chair, in clubs and districts around the world.

Rotary members from Austria, Germany, Nigeria, and Switzerland are realizing their dream to help mothers and children in Nigeria. In partnership with several organizations, they have launched a multiyear, large-scale project to reduce unwanted births and drive down rates of maternal and child mortality. This project, once a vision of a few members but now the recipient of Foundation global grants, is training doctors, nurses, and midwives throughout all 36 states of Nigeria.

Every great project begins in the minds of our members. You are the ones who see schools that adolescent girls have stopped attending because of the lack of private bathrooms. You are the ones who see families facing food shortages, children who can't read, and communities with health problems caused by mosquitoes. Not only do you see these things, because you are in Rotary, you also do something about them. And because of your engagement,

over the past decade, the amount of money the Foundation has awarded for global grants has grown by more than 100 percent. As more and more Rotarians have become involved, to keep our grants going we have had to adjust and stretch those funds by reducing overhead and by other means. The reason is simple: While the need for these projects is increasing and grant participation is also on the rise, annual giving from Rotary members has stayed relatively static for years.

Quite simply, we need more clubs and individuals to give to the Annual Fund to help keep our district and global grant programs thriving. This year, we set a goal of raising \$125 million for the Annual Fund. We can't realize your Rotary dreams or those of your fellow members without everyone's support.

Remember: It's not about the money, but about what our money can do. I am a firm believer that when we all give what we can, both as clubs and individuals, to the Foundation every year, we take another step toward making the world a better place.

Imagine the Rotary dreams we could make real if every member and every club got together and made a gift to our Foundation today. That would be quite a Rotary moment — for all of us.

JOHN F. GERM

Foundation trustee chair

GENERAL OFFICERS OF ROTARY INTERNATIONAL, 2021-22

PRESIDENT

Shekhar Mehta Calcutta-Mahanagar, India

PRESIDENT-ELECT

Jennifer E. Jones Windsor-Roseland, Ontario, Canada

VICE PRESIDENT

Valarie K. Wafer Collingwood-South Georgian Bay, Ontario, Canada

TREASURER

Virpi Honkala Raahe, Finland

DIRECTORS

Jessie Harman Wendouree Breakfast, Australia

Suzi (Susan C.) Howe Space Center (Houston), Texas, USA

Won-Pyo Kim Gyeongju South, Korea

Urs Klemm Aarau, Switzerland

Mahesh Kotbagi Pune Sports City, India

Aikaterini Kotsali-**Papadimitriou** Pendeli, Greece

Peter R. Kyle Capitol Hill (Washington, D.C.), District of Columbia, USA

Roger Lhors Pont-Audemer, France

Chi-Tien Liu Yangmei, Taiwan

Vicki Puliz Sparks, Nevada, USA

Nicki Scott North Cotswolds, England

Julio César A. Silva-Santisteban El Rímac, Peru

Katsuhiko Tatsuno Tokyo-West, Japan

Elizabeth Usovicz Kansas City-Plaza, Missouri, USA

Ananthanarayanan S. "Venky" Venkatesh Chennai Mambalam, India

GENERAL SECRETARY

John Hewko Kyiv, Ukraine

TRUSTEES OF THE ROTARY FOUNDATION, 2021-22

CHAIR

John F. Germ Chattanooga, Tennessee, USA

CHAIR-ELECT

Ian H.S. Riseley Sandringham, Australia

VICE CHAIR

Sangkoo Yun Sae Hanyang, Korea

TRUSTEES

Jorge Aufranc Guatemala Sur, Guatemala

Marcelo Demétrio Haick Santos-Praia, Brazil

Per Høyen Aarup, Denmark

Hsiu-Ming Lin Taipei Tungteh, Taiwan

Larry A. Lunsford Kansas City-Plaza, Missouri, USA

Mark Daniel Maloney Decatur, Alabama, USA

Geeta K. Manek Muthaiga, Kenya

Aziz Memon Karachi, Pakistan

Akira Miki Himeji, Japan

Barry Rassin East Nassau, Bahamas

Dean Rohrs

Langley Central, British Columbia, Canada

Gulam A. Vahanvaty Bombay, India

GENERAL SECRETARY

John Hewko Kyiv, Ukraine





April 2022 Events

CALENDAR

April events

Over the hills, onto the farm



Event:

Cycle Dindi 22

Hosts:

Rotary Clubs of Yea and Alexandra, Australia

What it benefits:

Youth projects

Date: 2 April

This annual bike ride along the Great Victorian Rail Trail offers three starting points, allowing participants to choose the distance they'll cycle. All routes converge on the banks of the Goulburn River, at the town of Cathkin, for lunch. The entrance fee also includes admission to a working farm, with a sheepdog demonstration, tea in a shearing shed, and a trailer ride.

A beautiful race

Event:

Race the Rubeena

Host:

Rotary Club of Sale, Australia

What it benefits:

Local projects Date: 3 April

Choose to run either a 5K or a 10K between the Port of Sale and a historic swing bridge in Wellington Shire, about two hours east of Melbourne. All ages and fitness levels are welcome at this community fun run that will charm participants with its scenic path.

Arts, crafts, and the Easter Bunny

Event:

Lehighton Handmade Spring Craft Show

Host:

Rotary Club of Lehighton, Pennsylvania

What it benefits:

Local projects and educational programs

Date: 9 April

More than 40 artisans will display their handmade crafts for purchase at this inaugural spring craft show. Bring the kids and grandkids along; the event also features an egg hunt, an opportunity for photos with the Easter Bunny, and an appearance by Buster the Clown.

It's in the bag

Event:

Bags Tournament

Host:

Rotary Club of Monroe County, Illinois

What it benefits:

Local projects Date: 23 April

The Monroe County Fairgrounds in Waterloo is the site for this club's firstever bags tournament, which it intends to hold annually. Also known as cornhole, the game involves two-person teams tossing beanbags at a hole in a raised board, promising casual, competitive fun for all ages. Bring cash for food and drinks, as well as for a chance to win a wheelbarrow full of adult beverages.

You 'auto' come



Event:

Mt. Vernon Car Show

Host:

Rotary Club of Mt. Vernon, Missouri

What it benefits:

Local scholarships for high school students

Date: 30 April

Located in Mt. Vernon's historic town square, the site of an architecturally significant county courthouse, this annual event draws automobile aficionados from miles around to admire an array of classic cars, including antiques, street rods, and muscle cars. Admission is free; car entries cost \$25 and include a commemorative T-shirt.

A brew-haha

Event:

Temple Terrace Craft Brewfest

Host:

Rotary Club of Temple Terrace, Florida

What it benefits:

The Rotary Foundation and local charities and schools

Date: 30 April

Live music, food trucks, retail vendors, and plenty of beer keep crowds coming back to this annual festival at a treeshaded park. Tickets include a 4-ounce pilsner glass for unlimited tasting pours of more than 100 craft beers. A selection of canned beers and hard seltzers will also be available for purchase. Children and pets are welcome; bring your own chairs.





Speaker's Profile



JESSELITO V. BARING Graduated From University of San Carlos in 1981 with a degree of Chemical Engineering, 61 years old, A recognized ASEAN Engr. He lives in JV Baring Building, Banilad, Cebu City, He made a career in field Environmental

Impact Assessment,

Designing of Pollution control facilities particularly on wastewater and sewage treatment facility, He is an inventor, foremost of which is his Rotating Biological Contactor Packed Media Technology which is his primary source of income right now. He has lots of other inventions. He is trainor and facilitator for pollution control officers training, wastewater treatment technicians and principal training specialist for Fastlab Institute, He is a swimmer, triathlete, poet, inventor.

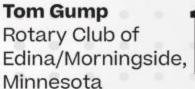


Rotary Info

FOUR QUESTIONS

Each one, bring one — or more

Inviting people to become members has always been important. Now, a new society will recognize top sponsors



2020-21 governor of District 5950

What is Rotary's Membership Society for **New Member Sponsors?**

It is a recognition program for new-member sponsors, with a virtual gallery (accessible through My Rotary) that lists those who have achieved various levels of sponsorship. The program went live in July and includes four recognition levels: Bronze for Rotary members who sponsor 25 to 29 new members into their club, Silver for those who sponsor 30 to 49 members, Gold for those who sponsor 50 to 74 members, and Platinum for those who sponsor 75 or more. Members you bring into a satellite club that is sponsored by your club also count.

If you sponsor a new member, you'll receive a thank-you email from Rotary later that month. Once you reach 25, you'll receive an email from Rotary letting you know that you are eligible to join the Membership Society.

How has the society increased enthusiasm for bringing in new members in your district, and why is this important?

When I speak about membership around the world, I can feel the enthusiasm that has been created by the Membership Society for New Member Sponsors. This enthusiasm is reflected in the number of questions I receive on the topic during presentations. The brilliance of Rotary President Shekhar Mehta's Each One, Bring One initiative is that it turns the traditional view of a membership committee of just a few club members on its head, by making every Rotary and Rotaract member a part of the membership team. The Each One part rightly places the responsibility on every member, encouraging each of us to put effort into the growth that will keep Rotary alive.

The Bring One part encourages us to focus on one person with whom we can share the gift of Rotary.

What advice do you have for others on how to talk to prospective members?

Listen to what they want out of a club. We need to focus less on how Rotary does what it does and focus more on why. With most of the members I've sponsored, the connection began with conversations about the Rotary Youth Exchange students my family and I were hosting at the time; our trip to Honduras to work on a water, sanitation, and hygiene project; and why we were making reusable feminine hygiene packets. There are many reasons to join Rotary, but I find that discussing why Rotary exists — to do good in the world - works best.

The greatest value Rotary offers is the ability to develop lifelong friendships while serving with other members, locally or internationally. I look for-

What is Rotary's best value proposition?

ward to my weekly club meetings as a chance to catch up with my Rotary friends who live close by. As a result of partnering on a project in South Africa, we also have wonderful friends in Johannesburg whom we look forward to visiting. Our "family" has also increased in size through hosting Youth Exchange students from France, Czech Republic, Korea, Belgium, Spain, and India. To me, all of these friendships are not only worth the price of my membership dues, but they also add a richness to my life that is priceless.

Tom Gump is a Zone 29 Innovative Club Advocate, an assistant Rotary coordinator, and a Gold-level member of Rotary's Membership Society. Illustration by Viktor Miller Gausa

Visit the Membership Society for New Member Sponsors virtual gallery at rotary.org/ membership society.

HAPPY BIRTHDAY, PAUL HARIS!

19 April marks the 154th anniversary of our founder's birth. Celebrate with a gift to The Rotary Foundation today.

GIVE TODAY: rotary.org/donate







Health News



COVID-19 vaccines have been safely used to vaccinate billions of people.

All vaccines go through rigorous trials and independent assessments to make sure they are safe and effective.



We then closely monitor them for safety as they are used out in the world.

Vaccine safety and your health are our top priorities.

Getting vaccinated could save your life.

ORATIO IMPERATA: PRAYER AGAINST COVID-19 or 2019 CORONA VIRUS DISEASE

Merciful and compassionate Father, we come to you in our need to seek your protection against the COVID 19 virus that has disturbed and even claimed lives. We ask you now to look upon us with love and by your healing hand, dispel the fear of sickness and death, restore our hope, and strengthen our faith.

We pray that you guide the people tasked to find cures for this disease and to stem its transmission. We thank you for the vaccines developed

made possible by your guiding hands. Bless our efforts to use these vaccines to end the pandemic in our country. We pray for our health workers that they may minister to the sick with competence and compassion. strength in their commitment, protection from the disease. We pray for those afflicted. May they be restored to health.

Protect those who care for them. Grant eternal rest to those who have died.

Give us the grace in these trying times to work for the good of all and to help those in need.

May our concern and compassion for each other see us through this crisis

and lead us to conversion and holiness.

Grant all these through our Lord Jesus Christ your Son who lives and reigns with you, in the unity of the Holy Spirit, God forever and ever. Amen.

We fly to Your protection, O Holy Mother of God.

Do not despise our petition in our necessities,

but deliver us always from all dangers,

O glorious and blessed Virgin. Amen.

Our Lady, health of the sick, pray for us.

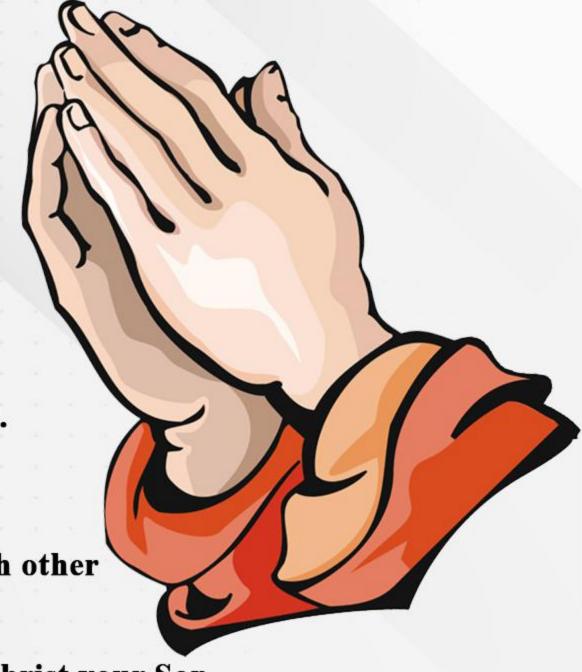
St. Joseph, pray for us.

St. Raphael the Archangel, pray for us.

San Roque, pray for us.

San Lorenzo Ruiz, pray for us

San Pedro Calungsod, pray for us.





Promote your club. Inspire your community.

Visit the Brand Center to access promotional materials and resources to share your club's stories of impact and show your community we're people of action. You'll find:



Templates to create club logos and custom promotions



Ads, photos, and videos that show Rotary in action



Guidance to apply Rotary colors and design elements

Use these tools to update your website, social media accounts, and community outreach materials. Get started at rotary.org/brandcenter.



Rotary's new cause focuses on comprehensively solving specific issues that have a detrimental effect on the environment. As people of action, let's take on projects that can make a positive, measurable, and sustainable impact on the one place we all call home.

> Learn more about Rotary's new cause at rotary.org/environment







100% PAUL HARRIS CLUB in Rotary International District 3860 for RY 2016 - 2017







www.rccebufuente.org info@rccebufuente.org



SERVICE ABOVE SELF

THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

First The development of acquaintance as an opportunity for service;

Second High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;

Third The application of the ideal of service in each Rotarian's personal, business, and community life;

Fourth The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

THE FOUR-WAY TEST

Of the things we think, say, or do:

- 1. Is it the truth?
- 2. Is it fair to all concerned?
- 3. Will it build goodwill and better friendships?
- 4. Will it be beneficial to all concerned?

ROTARIAN CODE OF CONDUCT

The following code of conduct has been adopted for the use of Rotarians: As a Rotarian, I will

- 1. Act with integrity and high ethical standards in my personal and professional life
- 2. Deal fairly with others and treat them and their occupations with respect
- 3. Use my professional skills through Rotary to: mentor young people, help those with special needs, and improve people's quality of life in my community and in the world
- 4. Avoid behavior that reflects adversely on Rotary or other Rotarians
- 5. Help maintain a harassment-free environment in Rotary meetings, events, and activities, report any suspected harassment, and help ensure non-retaliation to those individuals that report harassment.



AT THE 2022 ROTARY INTERNATIONAL CONVENTION IN HOUSTON, TEXAS, USA, 4-8 JUNE 2022

Build connections. Exchange ideas. Share successes. Register today at convention.rotary.org.

And invite a friend to join you. Nonmembers are welcome to register and attend.













Rotaract Corner

The Rotaract Club of Cebu Fuente University of the Visayas together with its partner organizations headed by Integrated Bar of the Philippines - Cebu City Chapter and our Mother Club Rotary Club of Cebu Fuente commenced the Medical and Legal Aid Project in Cordova Cebu giving out packed goods to families and giving out free legal counsel with the members of IBP present.



















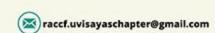
























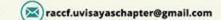












Invite someone to become a



Rotarian today.

Join Rotary Club of Cebu Fuente









Spread the Word!